

# Lead Yourself and be Happy

## — A 2-day workshop

Learn how to lead with meaning and purpose to feel fulfilled and content within your work and life. Set your career ladder up against your wall and take the right steps to get there.

### Programme Outline

During this two-day workshop Lynn and Norton will guide you through exercises and theory to illicit your vision, values, purpose and strengths so you can lead with confidence.

Unlike other leadership courses that tell you what to do and who you should become to be a successful leader, this experience gets you to sit down and articulate the direction you want for your life and leadership role.

Knowing who you are as a leader is important when it comes to inspiring others to follow. Your identity is grounded in your values and your purpose, so this workshop will give you a route map to enable you to continuously connect with your purpose and values.

### Participant Profile

For leaders who have lost their way or are taking the next step within their career.

### What you will experience

- Greater self-awareness
- Increased personal power
- What may be inhibiting you as a leader
- Having an action plan that will drive you forward
- An insight into what drives your key decision making

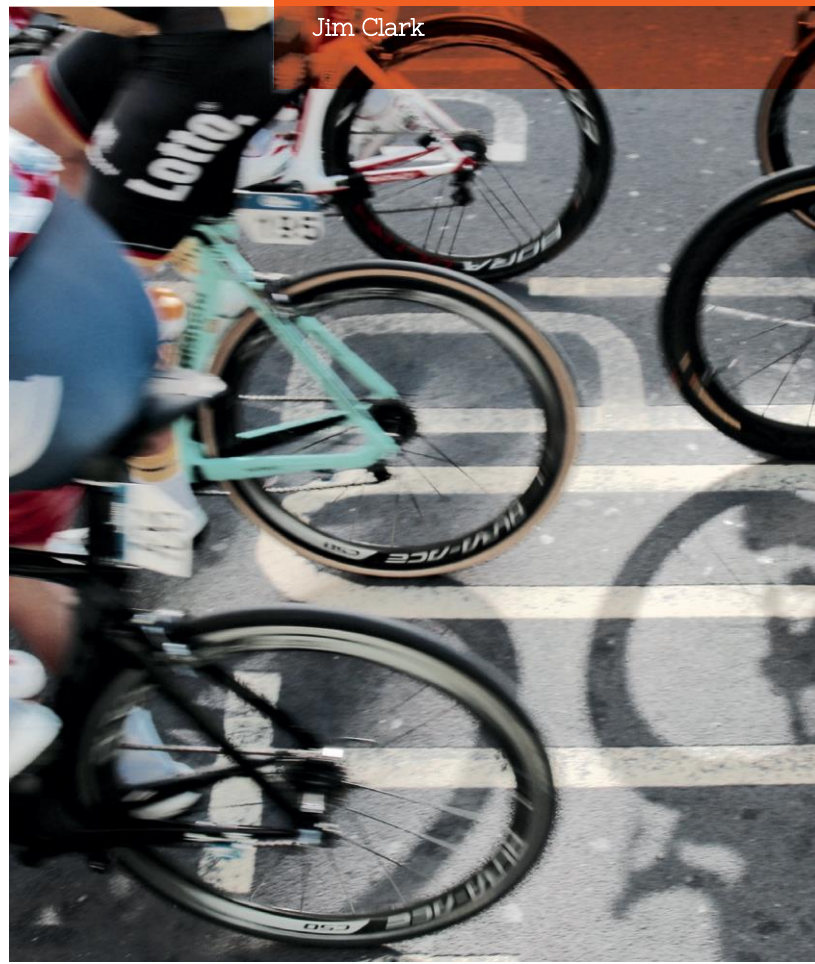
Originally called Personal Leadership at Work, this workshop has been developed over the last twelve years and has gone on to be On Purpose's most successful course – laying down long term relationships with those leaders that have attended.

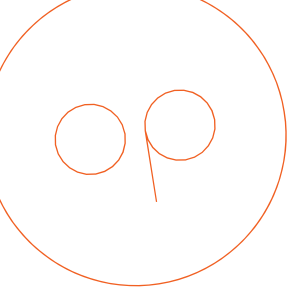
Give your self the time and space over two days to work with Lynn and Norton to find out what you want from your life and career and set out an action plan for making it happen.

“Different, invigorating, searching, refreshing and deeply thought provoking. – **Ray Riddoch**

“I came to this course a total sceptic, by the end of the course I was convinced that I had experienced a life changing event. This is, without doubt the most enlightening, liberating and empowering course I have ever attended.”

Jim Clark





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“There are certain rare experiences which change your life – this was one. A fantastic course and a tremendous experience. I cannot recommend this course too highly for anyone who wants to be a truly authentic and effective leader, both in work and in life.” – Hayley Bloodworth

### Programme facilitator

Norton Bertram-Smith - Norton is an experienced professional leadership coach, mentor and mindfulness facilitator.

Lynn Bertram-Smith – Lynn is an experienced development coach and facilitator

### Programme length

Two days – 09:00 – 17:00

### Upcoming dates

28<sup>th</sup> & 29<sup>th</sup> March

20<sup>th</sup> & 21<sup>st</sup> June

### Location & Accommodation

On Purpose Ltd

Unit 11

Netherton Business Centre

Kemnay

AB51 5LX

### Tuition fee

£975+VAT

### To Book

Please call Lynn on: 01467 643888, or email

[lynn@onpurpose.co.uk](mailto:lynn@onpurpose.co.uk)

### Cancellation policy

An administration charge of 25% of the course fee will apply for cancellations 4 to 8 weeks prior to the course start date. Thereafter, full course fees due.