

FROM THE GROUND UP



In this Issue

W M Donald's new headquarters

Time to open a fresh chapter in the company's story

Mobile chest X-ray unit

Combatting respirable crystalline silica (RCS)

The BIG Interview

Jim McDougall

WILLIE'S WELCOME

October 2nd was a very proud day for everyone at W M Donald. His Royal Highness, The Prince of Wales, Duke of Rothesay opened our new offices at Netherley. It has been a challenging, exciting and rewarding journey from one second-hand bulldozer in 1977 to today's team of 145. I would like to pay special thanks to my wife, Elaine, who has been central to the success of W M Donald over the past 42 years.

With new projects in Montrose (Sunnyside) and Dundee (Ballumbie Rise), and drainage and utilities activity picking up, 2020 will start on a positive note. However, as for everyone in construction, the shadow of Brexit looms large. I worry that the politicians are blithely unaware of the lasting damage their prevarication and posturing is causing our sector. The uncertainty is leading to a gradual month on month decline in general construction activity. It will take far longer to rebuild client confidence than it has taken for the Brexit chaos to sabotage it.

We continue to invest in technology and facilities. The new offices are primarily heated by an air source heat pump and an array of solar panels on the adjoining workshops mean we make a daily saving on our power costs. Our drainage team has a new tracked hose reel, and we have upgraded our fleet of Trimble survey equipment. We are the first construction company in Scotland, and possibly the wider UK, to take delivery of a SiteVision AR (Augmented Reality) visualisation system. We are looking to add a second suction excavator to our fleet.

As always, the health and safety of our workforce is a top priority. There is growing awareness of the dangers of RCS (Respirable Crystalline Silica), particularly when cutting precast concrete. In the New Year we will be hosting a mobile x-ray unit to enable all employees with more than 15 years' experience in construction to have a chest x-ray. Several members of staff have also completed mental health first aid training, and we continue to look for ways to improve our effectiveness in this area.

I would like to welcome Derek Dunbar as our new Commercial Director. Derek will be working closely with myself, the estimating, QS and finance teams to ensure the future financial health of the business.

Finally, I would like to take this opportunity to wish our workforce, clients, subcontractors and supply chain a merry Christmas with family and friends. Best wishes also for a safe, happy and healthy 2020.

WILLIE



Paul Webster Health & Safety Adviser



Paul Webster joined W M Donald in November as its health and safety adviser. Paul started his career in the operations side of the rail industry, where he first became interested health and safety. Paul subsequently switched to the offshore sector and worked for subsea companies. Paul is working towards a Level-6 Diploma in Occupational Health and Safety, equivalent to degree standard but with greater focus on the practical aspects of safety management:

'Fundamental to what I do is keeping health and safety simple and relevant to the W M Donald teams working on site. I want to challenge the perception that safety is '... somebody else's responsibility.

In my short time with W M Donald I have been impressed with its commitment to tackling, for example, RCS, safe working at height, and the dangers of working with plant and machinery.'

Paul lives in Insh, north of Aberdeen, with his wife, Lynda, and their two children Daniel and Chelsea. Paul's private passions are hill walking, motorbikes and dogs. The family has four dogs of its own - three boxers and a British bulldog. Paul also volunteers with a local boxer, of the four-legged variety, welfare charity.



IF YOU WANT TO MAKE YOUR SITE MANAGER'S LIFE EASIER, TRY A LITTLE DLC

There is a tendency to think of innovation as involving new technology, advanced materials or AI. However, the majority of innovations involve two existing ideas in a new combination, or an existing product, service or process in a new application. A good example of the latter is the work currently being undertaken by W M Donald, in partnership with Leiths, to develop Rigabond.

Many of the housing developments on which W M Donald is active consume considerable amounts of suitable upfill materials simply to achieve 'competent ground'. Often this material cannot be sourced within the site and has to be imported. Competent ground, in this context, means ground which is stable and has sufficient bearing capacity to bear the loads imposed by domestic housing.

Dry lean concrete (DLC)

Dry lean concrete (DLC) has been around for a long time and was used extensively during World War 2 as a cheap and effective substrate for military runways. DLC generally comprises an imported or site-won granular material blended with Ordinary Portland Cement and PFA (Pulverised Fuel Ash). The ratio of cement and PFA to aggregate is calculated based on the aggregate's particle size distribution, moisture content and the desired product strength. Typically, 80 - 150kg of cement with 20% PFA is added per cubic metre of DLC. Crucial to the final strength of DLC is that it is blended at the optimum moisture content for that specific mix. This results in a very low slump material when compared to traditional lean mix concretes that have much higher water contents and plasticisers to aid flowability. The low slump and moisture content allow the material to be delivered to site by traditional tipper trucks, discharging to stockpile for later use rather than a concrete tanker discharging direct to point of placement.

Rigabond DLC

The 'inventive step' in Rigabond is to use Type 1 sub base as the base aggregate in the DLC mix. The properties of the single source Type 1 material are known, and strength tests have already been carried out therefore the results are predictable and repeatable. As the archive of test data grows, this material will become a popular product on housing developments as a direct replacement for lean mix concrete or structural fill platforms.

Currently, Rigabond has only been used on a case-by-case basis as there is currently no general standard accepted by NHBC. W M Donald and Leiths have been working with consulting engineers, Fairhurst, to test the new material and ensure it is fit for purpose with the ultimate goal of having Rigabond accepted by NHBC. Two of the questions that are currently being addressed are how we demonstrate adequate product compaction in the trench and Rigabond's behaviour when subjected to long-term water saturation.





W M Donald is part of the team breathing life into the former Sunnyside Royal Hospital in Montrose

Sunnyside Estates – a joint venture of Pert Bruce and FM Group – has embarked on a fifteen-year project to redevelop the site of the former Royal Sunnyside Hospital in Montrose. W M Donald is responsible for all enabling infrastructure works including adoptable and private access roads, bulk earthworks, adoptable sewers and plot works.

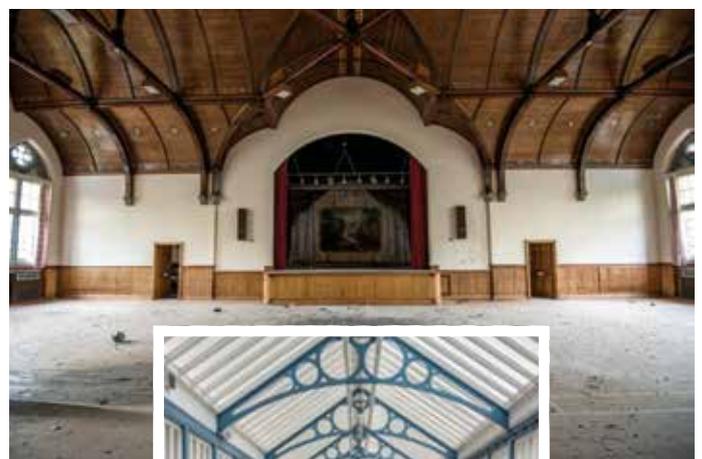
The project will eventually deliver 450 homes across its 64-acre site. It includes the redevelopment of the imposing main hospital building into 10 townhouses and 24 apartments.

The hospital was founded in 1781 as the Montrose Lunatic* Asylum, Infirmary and Dispensary by Susan Carnegie**. It was the first psychiatric hospital in Scotland.

The hospital moved to its current site in the grounds of Sunnyside Farm in 1858 and when it finally closed in 2011 after 230 years of service it was known as the Sunnyside Royal Hospital.

Since the 'National Health Service and Community Care Act 1990', the emphasis has been on care in the community, outpatient treatments and, for residential patients, smaller psychiatric units. This has led to the demise of many large Victorian institutions. In recent years, W M Donald has been involved in four developments within the grounds of former psychiatric hospitals: Sunnyside; Craig Dunain (Inverness); Cornhill (Aberdeen); Kingseat (Newmachar).

To find out more about the Sunnyside development visit www.sunnysideestate.co.uk.



Images reproduced courtesy of www.whateversleft.co.uk

Ballumbie Rise: from fairway to driveway.

Ballumbie Castle Golf Course, located to the North-East of Dundee, was founded in June 2000. To ensure the financial health of the course the club sold 11.5 hectares of land to Stewart Milne Homes who intend to build 190 homes on the site. Although the development, named 'Ballumbie Rise' intrudes on three of the existing fairways, the course will be re-engineered to ensure it retains 18 holes.



Ballumbie is not alone as a golf course in looking to housing development as a means of bolstering declining membership revenues. Although Scotland is often referred to as the 'Home of Golf', the number of Scottish golf club members has dropped by over 50,000 in the past decade and, in 2017 alone, 19 courses closed. The decline is attributed to a number of factors including competition from other participation sports such as cycling, an ageing demographic, the time needed to complete a round, and an enduring perception that clubs have yet to truly embrace sexual equality: only 13.5% of members are women. A 2018 YouGov poll in which 70% of respondents voted golf the 'dullest' sport, pushing American Football into a distant second, highlights the marketing challenge facing the sport.

At Ballumbie, W M Donald will be undertaking the enabling works, including earthworks, adoptable sewers, roads and plot works. It is thought the development will be completed in 2022.

To find out more about the properties being built at Ballumbie Rise visit: <https://www.stewartmilnehomes.com/new-homes/neighbourhoods/ballumbie-rise>



Mental Health First Aid Training

The World Health Organisation defines health as:

'...a state of physical, mental and social wellbeing and not merely the absence of disease or infirmity.'

According to the Lighthouse Club construction industry charity, every working day two UK construction workers take their own life; Health and Safety Executive statistics indicate that 20% of all cases of ill health in the sector stem from mental health issues; 400,000 work days a year are lost each year. Mental health is an important construction industry health issue.

One small step W M Donald has taken to address the mental health challenge is to embrace Mental Health First Aid (MHFA) training. Austen Brooks, Eilidh Cameron and Ian Gray are the first to have completed their MHFA training course.

The aim of the MHFA training is to give trainees the skills to implement the five step ALGEE approach to addressing mental health issues:

- A - Approach your colleague, assess and assist with any crisis**
- L - Listen and communicate non-judgementally**
- G - Give support and information**
- E - Encourage your colleague to get appropriate professional help**
- E - Encourage self-help strategies**

If you are struggling with mental health issues such as stress or suicidal thoughts you can speak to Austen, Ian or Eilidh. Alternatively, you can call the Construction Industry Helpline on 0345 605 1956.

RCS can take your breath away.

RCS stands for 'Respirable Crystalline Silica'. Silica is found in most rocks, sands and clays. It is present in large quantities in construction products such as precast bricks and concrete. It poses a potential threat to health if it is inhaled during activities such as grinding, cutting or coring. Prolonged exposure to RCS can cause breathing difficulties and, in extremis, silicosis and lung cancer. It is estimated there are over 450 deaths per annum from lung cancer associated with RCS.

In the New Year, all employees with 15 years or more construction industry experience (regardless of whether that experience has been with W M Donald or not) will be invited to have a posteroanterior (PA) chest X-ray. With a PA X-ray, the X-ray source is positioned so that the X-ray beam enters through the posterior (back) aspect of the chest and exits out of the anterior (front) aspect. The aim is to record a baseline against which future X-rays can be compared to monitor an employee's health.

There are several actions which employees can take to minimise their RCS risk:

- Be aware of their actions and the potential for creating RCS
- Wear suitable protective equipment such as masks. It is important the correct mask is chosen and that it fits correctly
- Avoid dry sweeping as this 'throws' RCS particles into the air. Use a Hoover or wet cleaning method

The biggest hurdle to overcome is the understandable logical fallacy often used by, for example, smokers: 'I know someone who has smoked 40 cigarettes a day and they don't have lung cancer; therefore, it won't happen to me.'

It could happen to you and, in any case, why take the risk?

NEIL SCORGIE

Neil is a joiner who has worked as a valued subcontractor to W M Donald for many years. Neil has recently had to retire due to contracting mesothelioma, a terminal cancer that develops in the lining that covers the outer surface of the lungs. Mesothelioma is caused by exposure to asbestos:

'Most of my life I have worked outdoors. When I was younger I did a lot of work on shed and garage roofs. There was a lot of cutting of asbestos sheets. We didn't bother with masks, we just wanted to get the job done. At the time the danger of asbestos wasn't widely known.'

'Last winter I had a chest infection which I just couldn't shift. I went to the doctor who arranged a chest X-ray. I then had a CP scan followed by a biopsy which led to the diagnosis of mesothelioma.'

'The decline has been fairly fast. I have had to retire and I estimate I can only do 25% of what I used to.'

'I have been lucky to be chosen to participate in a medical trial. I had two rounds of chemotherapy and I'm just recovering from an operation where they 'scraped' the outer lining of my lung: a bit like peeling an orange. I now have another four rounds of chemotherapy. The doctor told me he had managed to remove 95% of the tumour and I'm hoping the chemo will get the remaining 5%. It's not a cure, but it could delay the inevitable.'

'I know RCS isn't the same as asbestos, but it could have a similar impact on your life as asbestos has had on mine. I urge everyone on site to listen to the advice they are given and take the necessary precautions.'

Mobile Chest X-Ray Unit

As far as we are aware, the mobile chest X-ray unit is the only one of its type in the UK. The specialist provider is Industrial Diagnostics Company Ltd based in Leicestershire.

Melanie Brewster is Industrial Diagnostics' Managing Director:

'To date we have conducted almost 7,000 chest X-rays, and only 100 of these have been in our offices. The majority of the X-rays have been delivered from our mobile unit or in designated rooms set-up on client sites from the Outer Hebrides to Cornwall.'

'We use state-of-the-art mobile digital radiography which generates the high-resolution images needed to detect the very earliest signs of any lung disease, such as silicosis. Where abnormalities are detected the employee will be referred to a medical specialist for further advice. Early diagnosis of conditions identified through the chest x-ray can provide significant health and life expectancy benefits.'

**To find out more visit:
www.industrial-diagnostics.com**





New Headquarters
Time to open a fresh chapter
in the company's story

His Royal Highness, The Prince of Wales, Duke of Rothesay opened W M Donald's new headquarters on Wednesday 2nd October. The Duke unveiled a commemorative plaque and planted a Rowan tree to mark the occasion.

The Duke spent the morning at Netherley and enjoyed a guided tour of the entire W M Donald site, beginning with the purpose-built workshops, before moving on to the new two-storey office block which covers 10,000ft².

The Duke spoke with employees from across the company and trialled 'hands-on' W M Donald's new Volvo EC220EL excavator under the supervision of Willie Grant. The Duke also learned about the plant, equipment and technologies that underpin W M Donald's ability to deliver challenging projects.

Willie Donald commented:

"At W M Donald we prefer to keep our heads down and concentrate on our work, but we are also very passionate about our team and ensuring they have the best working environment and equipment. For that reason, we decided to celebrate the opening of our new home and we were delighted when The Duke of Rothesay accepted our invitation."



The Duke arrives at the new HQ



Meeting the workforce



Behind the controls





Suction excavator demo



It's a tracked hose carrier!



Talking plans with the newest recruits



Sooker in action



Oor Wullie enjoyed the day!

W M Donald Utilities – Investing in training and technology for growth in 2020



W M Donald is looking to grow both gas and water from Dundee to Inverness in 2020.

2019 has been a great year for the W M Donald utilities' team led by David Muir. The focus now is on strengthening the capacity and competencies of the team in order to build on this year's success into 2020.

There has been a considerable investment in training; currently seven operatives are engaged in NCO 1 (Network Construction Operative) and NCO 2 qualifications. Three have already been accredited with another four to follow soon.

NCO 2 training covers all aspects of water network construction with particular emphasis on mains and service laying. NCO 1 training is for operatives who assist mains and service layers to carry out network construction activities.

Both NCO1 and NCO2 qualifications cover best practice electrofusion welding techniques. W M Donald is looking to reinforce its operatives' welding skills by purchasing Advance Welding electrofusion boxes incorporating ControlPoint technology.

ControlPoint technology links the electrofusion box to the operative's mobile phone and asks them to take a photo of the electrofusion joint before it is welded. The photo, and the joint data generated by the electrofusion box during welding, are sent via the internet to ControlPoint's team of inspectors in Chesterfield. The ControlPoint inspectors review each joint in almost real-time to check for best practice and advise the operative of any potential problems. Electrofusion is the dominant welding technology in the gas industry as well as water.

To find out more visit www.controlpoint.co.uk

Back to school for Claire

St Margaret's School for Girls is one of the oldest all-girls schools in Scotland. Whilst it may have been founded way back in 1846, St Margaret's showed it is in tune with today's construction industry agenda by hosting a 'Women in Construction and Architecture Conference' in December.

The conference attracted around 30 second and third-year girls from Harlaw, Cults, Westhill, Peterhead and Meldrum academies. The girls took part in workshops, challenges and hands-on activities.

One of the presentations at the conference was delivered by Claire Robertson, trainee quantity surveyor at W M Donald.



A new concrete yard for Wm Nicol takes advantage of K-Form formwork

William Nicol Ltd provides secure bulk wet and dry storage facilities at its base in Portlethen. Products stored in over 100 silos include drilling mud and brewers' malt. The company also offers bulk liquid and powder transport logistics as well as a variety of services including industrial tank cleaning.

A W M Donald customer for many years, Wm Nicol recently acquired land and warehousing on a plot adjacent to its current operations. To increase the functionality of the site, W M Donald was asked to construct a tank bund suitable for five 110,000-litre tanks and form a 2,400m² concrete yard area on what had previously been a mixture of asphalt and stone hardstanding.

The geometry of the Wm Nicol site was complex due to the need to tie into a number of existing levels around the perimeter of the site and to ensure an adequate surface water run to achieve positive drainage to a Class 1 oil interceptor. The interceptor is essential to protect the sewer network from accidental spillages when decanting from the storage tanks or hydraulic failure of site plant and equipment. It also affords a degree of protection in the highly unlikely event that storage silos were to leak and overtop the bunds within which they are located.

K-Form screed rail system

To construct the concrete yard, W M Donald used the K-Form concrete formwork system. K-Form is a sacrificial screed rail system manufactured from recycled uPVC.

Extruded from 100% recycled materials, K-Form is supplied in 3000mm inverted T-sections. There are three different variants which facilitate slab thicknesses of between 50mm and 225mm. Secured on bedding mortar, the sections simply click together. The riser has pre-drilled holes that accept dowel bars and facilitate movement. The top of the screed rail can accommodate a razorback vibratory truss screed.

Compared to traditional steel and timber formwork, K-Form is quick to install. The sacrificial screed rails effectively act as expansion joints. K-Form also allows 'bays' to be poured in a traditional 'hit and miss' arrangement or adjoining bays simultaneously if required.



The BIG Interview

JIM McDUGALL

“Honestly Jim. I know we’re laughing about it but Willie did say if you don’t die soon, he’s going to have to sack you!”



Jim McDougall has worked with, and for, W M Donald from the very early days... and he shows no signs of stopping any day soon. Here are a few of his memories from the last forty years.

Q I think it’s fair to say you’ve worked for W M Donald for many years.

A Yes, I started doing work for W M Donald nearly 40 years ago. At first only rarely, when a contract required some site re-measurement to produce a final invoice for payment for example. Back then Willie priced all the tenders himself with the backing of a full complement of office staff: Elaine!

Q How did your involvement increase from those early days?

A Willie and Elaine gathered around them a tremendous team of site workers, like-minded grafters who

worked long hours for good wages. As W M Donald’s reputation for producing a good job on time grew, my workload increased. Ewan Riddoch joined the staff as a QS/Estimator and proved himself the master of all the technical tasks you can think of in civil engineering contracting. I worked round about Ewan, partly estimating but mostly re-measurement of ongoing contracts. Like the men we worked long hours and, again, we were well paid.

Q What was the office like at the start?

A The ‘Office’ was a room in Willie and Elaine’s house, quite tiny really but cozy! Then out of the house into a dedicated office building, not bespoke but positively palatial to what had gone before. The patter of tiny feet was heard all the time in the office as Willie and Elaine’s girls were in and out constantly. It was a real family business.

Q How did you get started in quantity surveying?

A From school I served a 5-year apprenticeship in a professional office practice, attending day release and evening classes, and I qualified in 1969. Pre-decimalisation surveyors calculated in duodecimals i.e. twelfths: 12 inches to the foot and 12 pennies to the shilling. Bills of quantities in the 1960's often had tendered rates in halfpence.

Try calculating a bill quantity length of 4yds 2ft 11ins by a unit rate of 1 shilling 11 and a half-pence per yard! Although we knew how to calculate these manually, comptometers did the real hard work.

The office practice was on the third floor of 214 Union Street, Aberdeen, and two coal fires were the only source of heating. Myself and the other first year apprentice shovelled and fetched the coal buckets from the cellar, two floors below street level on Union Street, first lighting and then stoking the flames five and a half days every winter week. First year wages were £7 per month and we couldn't wait for the following year's apprentices to start! After qualifying, I moved to the other side of the fence and started working for contractors.

Q The working conditions you have just described are very different from the new W M Donald offices!

A They certainly are. The new offices are amazing. A wonderful work environment, very high tech and - oh my God - soon to be paper-free! That means trouble for me - what will I do with all my HB pencils! Taking off quantities from a set of scale drawings was how I was taught. The office surveyors now use the Cost X take-off system which retrieves the same quantities in 10% of the time. Move over Jim!

Q But QS work is not just about achieving accurate quantities for a contract is it.

A Absolutely not. The job of the commercial surveyor is the same now as it has always been: know the conditions of contract and the tender; know the site and the men working on the site; speak to the men on the site and ask exactly what they have been doing in the seven days since you last saw them. What has proved difficult? Are there any unusual or special circumstances which made the task difficult? Does our tendered rate for the task include these unusual or special circumstances? If it doesn't, there is a potential variation against what was priced for. It is the contract surveyor's remit to ensure the firm is paid the proper value for the work the men are carrying out on site.

One further thing. The patter of tiny feet can still occasionally be heard in these beautiful offices. It's the grandchildren now of course!

Climbing Nepal's highest trekking peak



Ian Gray, Operations Manager, has just returned from the Himalayas after trekking to Mera North. At 6476m, Mera North is Nepal's highest trekking peak and less than 2,500m below Everest which is visible from the summit:

'It was an amazing adventure. From the beautiful unfettered chaos of Kathmandu to the unbelievable cold of the glacier: we set out at 2am on summit day. The Sherpas on the trip were fantastic people. How they are able to carry such extraordinary weights at that altitude is awe-inspiring.

Acclimatising to the altitude is a big challenge as is, for a carnivore like me at least, living on a vegetable diet. We had Spam one day and it was as good as steak! The massive logistics costs make consumer products very expensive - £4 for a Snickers, £7 for a tube of Pringles - but they are such a luxury that you don't begrudge it.

The trip is not for those that obsess about personal hygiene. We had one shower in two weeks - a trickle of water at best - and the less said about the toilets the better!



The long and winding (and environmentally sympathetic) road

Roberston Homes is renovating the former Craig Dunain psychiatric hospital southwest of Inverness. One of the longest listed buildings in the UK, the hospital was badly damaged by arson in 2007. It has been renamed Great Glen Hall and provides a variety of apartments and town houses. It forms part of the Westercraigs development.

W M Donald was challenged with constructing a 900m link road to the development that was sympathetic to the surrounding countryside. Ian Gray, Operations Manager, is delighted with the result:

'We had to meet challenging planning requirements to ensure the road blended with the local woodland and protected the abundant wildlife. It is a testament to the technical skills of Mike Meldrum, Engineering Manager, and the attention to detail of Keith Murray on site that the finished road blends so well with the environment.'



Karen runs the London Marathon for the National Eczema Society

'If you are losing faith in human nature, go out and watch a marathon!'

Karen Stephen, Willie and Elaine's youngest daughter, is running the London Marathon on 26th April. Karen is raising money for the National Eczema Society.

'This is my first and my last marathon! It's difficult to raise the enthusiasm to train in the dark, wind and rain but I know if I don't it will be even slower and more painful on the day. I have had personal experience of eczema and understand how irritating, frustrating and damaging it can be.'

If you would like to support Karen in her fund-raising efforts you can visit her Virgin Money Giving page: <https://uk.virginmoneygiving.com/karenstephenlondonmarathon2020>

To find out more about eczema and the treatments available visit www.eczema.org.

NOWT* LIKE UNITED GINGER AWARENESS

Ginger Rogers, and its companions Ginger Baker and Ginger Spice, joined us for our open day and were a big hit with visitors and staff alike. They boosted the W M Donald ginger ratio well above the estimated Scottish norm of 12% of the population. Like their human counterparts, such as Ed Sheeran, Prince Harry and Ewan Riddoch, ginger nowts are quiet, devoted and well-behaved...when on show.

*Nowt is a term used in Scotland and Northern England for a herd of cattle.

Ginger Rogers

Celtic, Manchester City and...W M Donald

Like Celtic, Manchester City and Tiger Roll (in the Grand National), the W M Donald team successfully defended its ANCHOR Wipeout Corporate Cup title in 2019. As far as we know, none of the team have yet been put out to stud, but it can surely only be a matter of time!

ANCHOR Wipeout is an annual event staged in Hazlehead Park to raise money to ensure cancer patients in North-East Scotland get the best care and attention during their diagnosis, treatment and recuperation.

To find out more visit www.friendsofanchor.org.



LET'S BE SOCIAL...

Christmas Celebrations

The W M Donald Christmas night-out takes place on Friday 20th December at the Aberdeen Altens Hotel.

The main prize of many in this year's raffle is a stone sculpture of a deer created by Alastair Anderson. Tickets cost £5 each and can be purchased on the night.

If you are a supplier or a customer and would like an opportunity to win the deer sculpture you can purchase a ticket by contacting karen@wmdonald.co.uk



Like a deer that finds a quiet place to graze, seek seclusion to digest all you have gathered...'

Namkhai Norbu, Tibetan teacher

NEXT EDITION...

If you have any ideas for content you would like to see featured in the next edition of the newsletter then get in touch with us with your ideas, we are always looking for budding contributors! Email your ideas to Karen: karen@wmdonald.co.uk



CAPTION COMPETITION



The new Volvo comes complete with valet

Funny? Mildly humorous? Sad!?

Whatever you think, we're sure you can do much better. Text your caption to us by Friday January 10th to be in with a chance of winning a meal for two at the Lairhillock Inn.

Text WMDONALD to 60777 followed by your name and caption.



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